

I will hear [with expectant hope] what God the Lord will say, For He will speak peace to His people, to His godly ones— But let them not turn again to folly.

Psalm 85:8

___ Deuteronomy 30:20

___ 1 Kings 19:12

___ 1 Samuel 3:10

___ Psalm 46:10

___ Psalm 85:8

___ Isaiah 30:21

___ Isaiah 55:3

___ Jeremiah 33:3

___ Ezekiel 3:10

___ Matthew 11:15

___ Mark 4:24

___ John 10:27

___ Hebrews 3:7-8

___ Revelation 3:20

LISTENING PRAYERS

Scripture Cultivations 

You can find the blog post , podcast, and video that go with this Scripture Cultivation at <https://beneaththefigtree.org>

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LISTENING PRAYER

5 STEPS TO HEARING GOD THROUGH LISTENING PRAYERS

1. Find a Quiet Space

Figisms #6 is “Quiet time doesn’t mean be quiet. It means get quiet.” And I believe this is true. But in the case of Listening Prayers, being quiet is important. So, if possible, you’ll want to choose a place where you won’t be interrupted. Silence helps us focus on God’s voice.

2. Settle Your Mind and Heart

This is the “Get Quiet” part of Figism # 6.

As a way of signaling to your brain that you want to shift gears, slow down, and get quiet you can start by taking a few deep breaths. Once you’re feeling settled and ready to truly hear God, ask Him to speak to you.

3. Invite God to Speak

There are no magic words here. Start with a simple prayer like, 'Lord, I’m here, and I’m listening. I want to hear from You in this moment.'

4. Listen Intently

This is where we wait—in silence, tuning our spiritual ears to God. You might hear a scripture, feel a gentle nudge, or sense God’s presence in a new way. Pay attention and don’t dismiss any of it.

5. Reflect and Respond

After listening, take a moment to reflect on what you heard, saw, or sensed. Jot down anything that stood out to you and consider how you’ll respond. If you aren’t sure what God was trying to say through what you heard, saw, or sensed, ask Him. And if you aren’t sure how to respond, ask Him that too.

“God speaks
in the silence
of the heart.

Listening

is the beginning
of prayer.”

Mother Teresa

beneath the *Fig Tree*

Hey there friend.

I'm Rose and at here Beneath The Fig Tree, my favorite God-assignment is coming alongside women to help them cultivate a devotional life they absolutely love so they experience the tangible, meaningful relationship with God they were created for!

I share lots of inspiration, tools, ideas and encouragement. You can connect with me and a whole community of (mostly) women I affectionate call "Figs" as we cultivate our devotional lives together.



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Much love and gratitude,

Rose Jordan